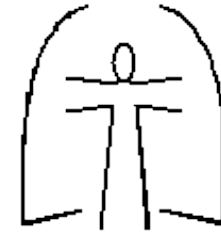


**A prayer for those affected by the Coronavirus  
(COVID-19) situation, from the Church of England  
website**

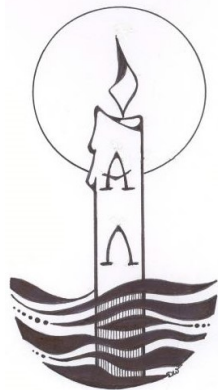
Keep us, good Lord,  
under the shadow of your mercy.  
Sustain and support the anxious,  
be with those who care for the sick,  
and lift up all who are brought low;  
that we may find comfort  
knowing that nothing can separate us from your love  
in Christ Jesus our Lord.



**St Michael and All Angels'  
Church**



**A Service of  
Morning Prayer  
for Lent  
for use at home  
during the COVID-19 crisis**



## Introduction

O Lord, open my lips  
and my mouth shall proclaim your praise.  
Hear my voice, O Lord, according to your faithful love,  
according to your judgement give me life.

Blessed are you, God of compassion and mercy,  
to you be praise and glory for ever.  
In the darkness of our sin,  
your light breaks forth like the dawn  
and your healing springs up for deliverance.  
As I rejoice in the gift of your saving help,  
sustain me with your bountiful Spirit  
and open my lips to sing your praise.  
Blessed be God, Father, Son and Holy Spirit.  
Blessed be God for ever.

## Hymn

*You might like to sing a hymn here.  
The words for some favourites are included in the  
supplementary hymns booklet.*

## Confessional Psalm

- 1 Have mercy on me, O God, in your great goodness;  
according to the abundance of your compassion  
blot out my offences.
- 2 Wash me thoroughly from my wickedness  
and cleanse me from my sin.
- 3 For I acknowledge my faults  
and my sin is ever before me.
- 4 Against you only have I sinned  
and done what is evil in your sight,

## Collect

Almighty and everlasting God,  
you hate nothing that you have made  
and forgive the sins of all those who are penitent:  
create and make in us new and contrite hearts  
that we, worthily lamenting our sins  
and acknowledging our wretchedness,  
may receive from you, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ our Lord. Amen.

## The Lord's Prayer

Our Father in heaven,  
hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.

## Conclusion

May God my Redeemer show me compassion and love.  
I bless the Lord.  
Thanks be to God.

- 9 In the tender compassion of our God  
the dawn from on high shall break upon us,  
10 To shine on those who dwell in darkness and the shadow  
of death,  
and to guide our feet into the way of peace.

*Luke 1.68–79*

Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.  
Blessed are those who hunger and thirst for  
righteousness,  
for they shall be satisfied.

## Prayers

Please pray:

- for the day ahead;
- for the world and its needs;
- for the Church and her life;
- for your own family, friends, neighbours, and for yourself;
- for the sick, the lonely, the vulnerable – especially at this time  
of crisis.

*You may wish to keep a few minutes of silence.*

- 5 So that you are justified in your sentence  
and righteous in your judgement.  
6 Cast me not away from your presence  
and take not your holy spirit from me.  
7 Give me again the joy of your salvation  
and sustain me with your gracious spirit;  
8 Then shall I teach your ways to the wicked  
and sinners shall return to you.  
9 Deliver me from my guilt, O God,  
the God of my salvation,  
and my tongue shall sing of your righteousness.

*Psalms 51.1–5, 12–15*

Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever.  
Amen.

The night has passed, and the day lies open before me;  
I offer myself to God with an open heart.

## ***Silence for reflection***

As I rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set my heart on fire with love for you;  
now and for ever.  
Amen.

## Psalm

*The psalms set by the Church of England for each day from Sunday 22<sup>nd</sup> March to Thursday 8<sup>th</sup> April (Maundy Thursday) are included in a separate leaflet. You will need to refer to your own bible for these. Alternatively, you may wish to use the following:*

- 1 Lord almighty and God of our ancestors,  
you who made heaven and earth in all their glory:
- 2 All things tremble with awe at your presence,  
before your great and mighty power.
- 3 Immeasurable and unsearchable is your promised mercy,  
for you are God, Most High.
- 4 You are full of compassion, long-suffering and very  
merciful,  
and you relent at human suffering.
- 5 O God, according to your great goodness,  
you have promised forgiveness for repentance  
to those who have sinned against you.
- 6 The sins I have committed against you  
are more in number than the sands of the sea.
- 7 I am not worthy to look up to the height of heaven,  
because of the multitude of my iniquities.
- 8 And now I bend the knee of my heart before you,  
imploping your kindness upon me.
- 9 I have sinned, O God, I have sinned,  
and I acknowledge my transgressions.
- 10 Unworthy as I am, you will save me,  
according to your great mercy.
- 11 For all the host of heaven sings your praise,  
and your glory is for ever and ever.

*Manasseh 1a,2,4,6,7a,b,9a,c,11,12,14b,15b*

## Bible Reading

*The readings set by the Church of England for each day from Sunday 22<sup>nd</sup> March to Thursday 9<sup>th</sup> April are included in a separate leaflet. You will need to refer to your own bible for these.*

## Hymn

*You might like to sing again here, or listen to a piece of music.*

## The Benedictus (The Song of Zechariah)

- 1 Blessed be the Lord the God of Israel,  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour,  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors,  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham:  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear,  
holy and righteous in his sight  
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most  
High,  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation  
by the forgiveness of all their sins.